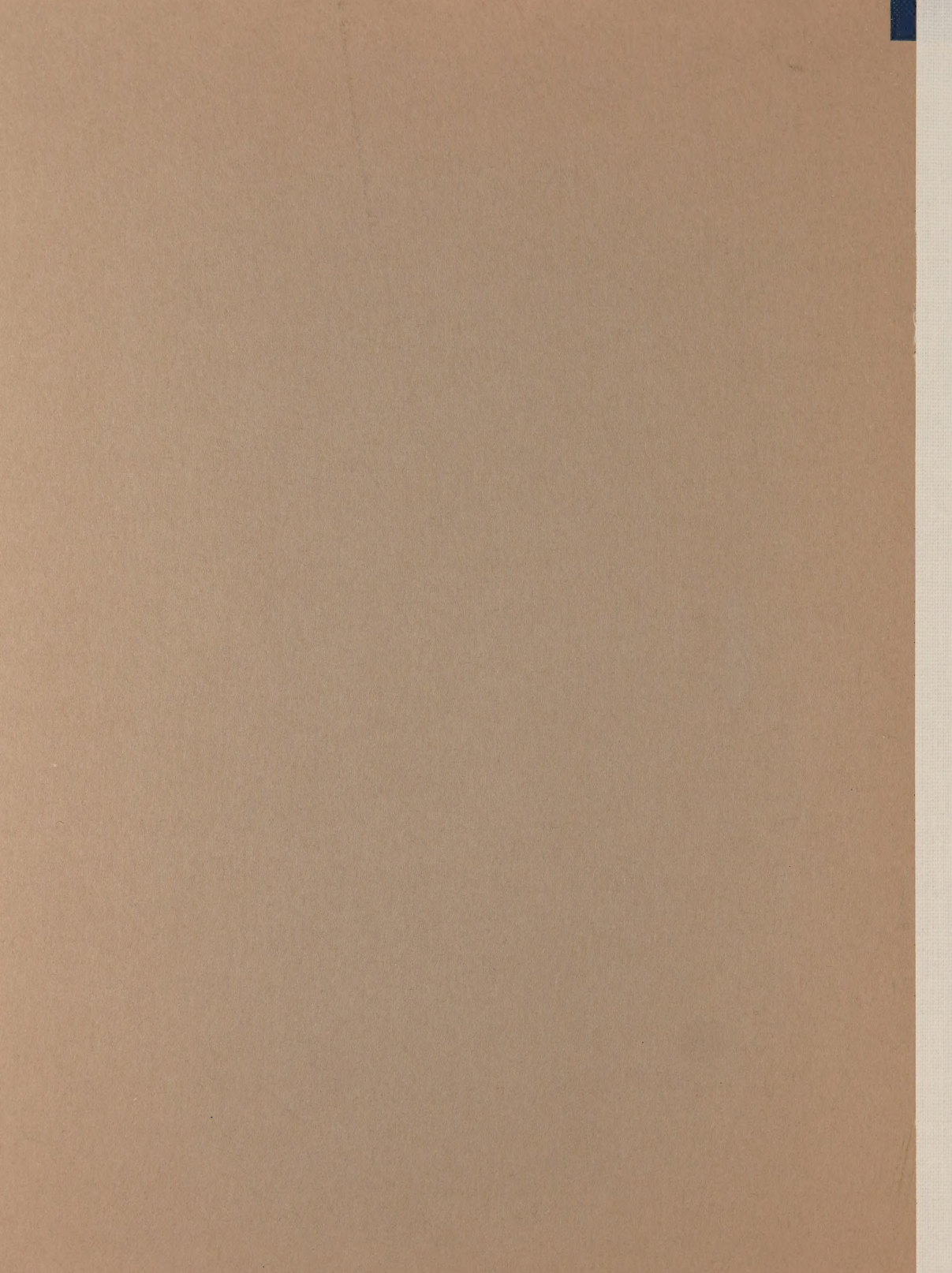


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Ontario. Legislative assembly.
[Committees] Select committee
on Aging.
Interim report. 1965.





ONTARIO
LEGISLATIVE ASSEMBLY

COMMITTEE ON AGING

Appointed to study and review the circumstances of the aged and consider all relevant subjects which may be of concern in Ontario.

Private individuals and organizations interested in these matters are invited to appear before the Committee or to present written briefs.

The Committee also wishes to hear from elderly men and women who have aged successfully, since one aim is the promotion of opportunities for self-help to the satisfaction and advantage of the Province's older citizens.

The men and women whose achievements and problems are of concern to the Committee will generally be aged 65 years or over. But the Committee recognizes at the outset that no single birthday anniversary can cover all individual differences or abilities, and that aging is dynamic—of life-long significance.

For detailed terms of reference and dates and places for making representations, please write: Room 3527, Parliament Buildings, Toronto 5, Ontario.

Alex Carruthers, M.P.P.
Chairman

Lawrence Crawford, B.A.
Secretary

ONTARIO
LEGISLATIVE
ASSEMBLY

[Committees]

SELECT COMMITTEE
ON AGING

MAY, 1965.

Interim Report




LEGISLATIVE ASSEMBLY

May, 1965.

The Honourable Members
of the
Legislative Assembly
Province of Ontario:

**INTERIM REPORT
OF THE
SELECT COMMITTEE
ON
AGING AND THE AGED**



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ACKNOWLEDGEMENTS

Members of the Select Committee wish to thank the many persons who have written to advise us of their views. A similar word of thanks is due the various organizations and individual authorities who have shared their knowledge and insights with the Committee in Public Hearings and other meetings.

The important duties of Consultant-Secretary are carried by Mr. Lawrence Crawford. A gerontologist in his own right, he has served with the Province since 1956. Mr Crawford is currently responsible for research and statistics in the Department of Public Welfare, and we are grateful to the Honourable Louis P. Cecile, Q.C., Minister, and Mr. James S. Band, Deputy Minister, for enabling him to devote time to the work of this Committee.

Part-time secretarial assistance has been provided by Miss C. McElroy. A word of appreciation is also due the Office of the Clerk of the Legislature and the Department of the Provincial Secretary for aid with certain administrative matters.

INTRODUCTION

On May 8, 1964, on motion by the Honourable John P. Robarts, Q.C., Prime Minister of Ontario, seconded by the Honourable James N. Allan, it was ordered that a Select Committee be established to review the entire field of aging in the Province. The following Members of the House were appointed at that time:

Mr. Alex Carruthers (P.C., Durham), Chairman

Mr. G. R. Carton (P.C., Armourdale)

Mr. N. Davison (N.D., Hamilton East)

Mr. E. A. Dunlop (P.C., Forest Hill)

Mr. J. R. Knox (P.C., Lambton West)

Mr. A. B. R. Lawrence (P.C., Russell)

Mrs. A. M. Pritchard (P.C., Hamilton Centre)

Mr. H. S. Racine (L., Ottawa East)

Mr. W. E. Sandercock (P.C., Hastings West)

Mr. J. B. Trotter (L., Parkdale)

Mr. O. F. Villeneuve (P.C., Glengarry)

Mr. A. V. Walker (P.C., Oshawa)

Mr. H. Worton (L., Wellington South)

Mr. P. J. Yakabuski (P.C., Renfrew South)

TERMS OF REFERENCE

The Committee's terms of reference are wide-ranging and permit of an exhaustive study of those "problems inherent in the field of aging in Ontario which are of concern to older citizens and to all of our people." The Committee Members are also charged with "the promotion, development and creation of opportunities for self-help" to the satisfaction and advantage of our older population.

In all published announcements the Committee have accordingly focussed attention equally on the potentialities of successful aging as well as the difficulties of old age.

WORKING AGENDA

It was decided at our first organizational meeting on June 16, 1964, that meetings be devoted to specific topics and that, whenever possible, witnesses and Briefs dealing with related topics be heard at one time. While it was recognized that there would inevitably be some overlapping between topics, the following subject division was agreed upon:

- a) Sociological Implications of Aging (General review).
- b) Health of the Aged
 - 1) Geriatric Medicine & Biology of Aging
 - 2) Medical Care Services
 - 3) Hospitals & Related Facilities for Treatment
 - 4) Nutrition
 - 5) Mental Health
- c) Housing for the Aged
 - 1) Living Arrangements in General
 - 2) Homes for the Aged
 - 3) Charitable Institutions
 - 4) Nursing Homes
 - 5) Low-Rental & Related Housing
- d) Societal Aspects of Aging
 - 1) Family Life & Responsibilities
 - 2) Retirement
 - 3) Leisure
 - 4) Adult Education
 - 5) Role of the Churches
 - 6) Voluntary Associations for the Aged
- e) Economics of Aging
 - 1) Work Patterns
 - 2) Income Status of the Aged
 - 3) Retirement Pensions (Public & Private)
 - 4) Income Maintenance Programs
 - 5) Other Private Services (Insurance, etc.)
- f) Legal and Other Aspects of Aging
 - 1) Protective Services
 - 2) Estate Planning
 - 3) Safety Programs
- g) Research on Aging
 - 1) In Government Service (i.e. Research on health)
 - 2) Under Private Auspices (Social and economic aspects)
- h) General Review
 - 1) Ontario
 - 2) Other Jurisdictions
(Differences & Similarities)
 - 3) Recommendations

A set of working definitions was also agreed upon. One of the first things the very name of our Committee calls to mind is "chronological age", and it is all too readily ignored that aging is relative; that "functional age", "social age", etc., are useful concepts which merit equal consideration. The Committee therefore recognized at the outset that no single birthday anniversary can cover all individual differences or abilities, and that aging is a dynamic process of life-long significance.

INSPECTION VISITS

It seemed pointless to start receiving Briefs before we had met with some of the elderly men and women on whose behalf the Committee was established and before we had seen at least some of the facilities designed for their benefit. Individual Committee Members had, of course, previously visited one or more facilities serving the aged, usually in their own constituencies.

The aim of these preliminary visits was twofold. First, to inspect the facilities objectively and to talk with older persons in keeping with our terms of reference: to learn something of their special interests and needs. Secondly, to study the range of facilities and services available for the aged in the Province of Ontario. These inspection visits also afforded Members a chance to discuss at first hand some of the interests and concerns of administrators and other professionals who worked in the various centres or with elderly persons in the community.

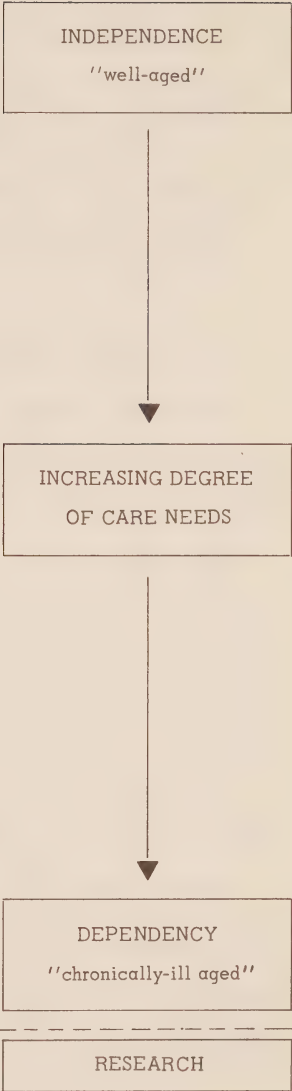
There have been three main inspection tours in Southern Ontario thus far:

- a) Eastern Ontario, September 28th through October 1st, 1964
(Athens, Perth, Renfrew, Ottawa, Manotick);
- b) South-Western Ontario, October 26th through 29th, 1964
(Windsor, Wallaceburg, Thamesville, Dutton, St. Thomas, London, Woodstock); and
- c) Niagara Peninsula, November 12th through 13th, 1964
(Hamilton, Beamsville, Welland, Port Colborne).

In addition during Public Hearings in December, 1964 and January, 1965, the Committee visited four centres in the Metropolitan Toronto area. These places were visited in the afternoon and were connected with Briefs heard during the morning so that the Hearings in effect were continued in situ.

Altogether some 51 separate facilities have been visited by the Committee to date. These were selected as representative of a particular type of facility or because of certain unique and worthwhile program features. A list of the main places visited appears in Appendix B, but they may be grouped as follows to provide some indication of the range:

● Independent Senior Citizen's Club	1
● Organized social and recreational centres for elderly persons: Municipal sponsorship	3
● Other	2
● Housing projects (various types of accommodation)	7
● Rescue Mission (temporary shelter)	1
● Lodging House	1
● Boarding and Foster Homes:	
Supervised by Home for the Aged	3
Supervised by City Health Department	4
● Charitable Institutions (providing mainly domiciliary care or sheltered accommodation with one or two having bed care sections or being adjacent to hospitals)	9
● Homes for the Aged (providing one to three types of care)	9
● Proprietary Nursing Homes	4
● Ontario Mental Hospitals	3
● Chronic Hospitals	2
● Acute Geriatric Ward in General (Teaching) Hospital	1
● Geriatric Study Centre	1



The Chairman and Consultant have also attended several meetings on behalf of the Committee and in August, 1964, they visited two government agencies, the New York State Office for the Aging and the New Jersey State Division on Aging. Through the courtesy of the senior administrators, Mrs. Marcelle G. Levy and Mr. Jerry A. Shroder in N.Y. and Mrs. Eone Harger in N.J., visits were arranged with several other groups including Representatives and Senators on the New York Joint Legislative Committee on Aging.

Members of the Committee wish to pay tribute to a former public servant, Mr. Earl Ludlow, who accompanied them on the three major inspection tours. His account of the historical development of certain care programs has been of immense value. Mr. Ludlow is now Honorary President of the Ontario Association of Homes for the Aged.

PUBLIC HEARINGS

First Public Hearings were called on the subject "Health of the Aged". In keeping with agreed upon definitions the Committee interpreted "health" in its broadest sense; that is, as concerned with the total life situation of the aging and aged. For this reason therefore a few Briefs were heard which might as easily have been dealt with later under some other subject heading.

About 113 persons have appeared individually or in association with one of 34 Briefs or appearances so far. These are listed in Appendix C.

Some of the matters which impressed the Committee and which arose largely out of Public Hearings, are set forth in the conclusions. We have refrained from making specific recommendations at this time, however, since so many aspects have yet to be considered in our future deliberations.

A review of the Briefs heard to date reveals the following special interests represented (as with the subject divisions, page 3 above, there is some overlapping):

Education and Research	18.8%
Voluntary Associations:	
Professional	18.8
Direct Health Services	15.5
Others	12.5
Private Citizens	12.5
Government Departments	12.5
Religious Organizations	9.4
	<hr/>
	100.0%
	<hr/>

While the Department of Public Welfare did not submit a Brief at these Public Hearings, permission was given for the Minister's Advisory Committee on Geriatric Studies to present their views directly to the Select Committee. This was extremely useful to us in our deliberations.

Members of the Minister of Public Welfare's Advisory Committee on Geriatric Studies are: Dr. W. W. Priddle (Chairman), Mr. Carl Cannon, Dr. Robert C. Laird, Mr. Earl Ludlow, Dr. Arthur Purdy, and Dr. Martin Spooner. We wish to express our sorrow at the death this past April of a former member, Dr. John Phair, retired Deputy Minister of Health for Ontario.

OTHER WORK

Committee Members have undertaken several other tasks during the past year, among them:

(1) Population Studies

On the basis of background papers prepared by our Consultant we have discussed the trends and implications of demographic changes in the Provincial population in comparison with the other nine Provinces and elsewhere. (Proceedings, July 14-15, 1964, pp. 12 - 61).

Complete background papers are available to interested persons on request. (Refer Appendix E). Selected statistical material appears in Appendix F.

(2) Approach to Ontario Government
Departments, Commissions, Boards, and etc.

All agencies of the Provincial Administration were invited to provide a concise description of any programs and services which might affect older age groups in the general public or the civil service.

The following agencies indicated some interest -- with varying degrees of direct involvement -- in the field of aging:

AGRICULTURE, Department	Home Economics Extension Service
ATTORNEY GENERAL, Department	Office of the Public Trustee
CIVIL SERVICE, Commission	(Superannuation, Retirement and Pre-Retirement Studies)
ECONOMICS & DEVELOPMENT Department	and Ontario Housing Corporation Ontario Development Agency
EDUCATION, Department	Community Programs Branch
HEALTH, Department	Various Branches
HOSPITAL SERVICES, Commission	
HUMAN RIGHTS, Commission	
HYDRO-ELECTRIC POWER, Commission	(Retirement, Pre-Retirement Counseling and Health Plan)
LANDS & FORESTS, Department	(Some employment for the over 65)
ONTARIO-NORTHLAND TRANSPORTATION Commission	(Free rail passes for pensioned employees)
PROVINCIAL SECRETARY & CITIZENSHIP, Department	Citizenship Division, Main Office; Special Services Division, Main Office (Congratulatory Scrolls on 90th or over Birthday and 50th or more Wedding Anniversary); Office of the Registrar General
PUBLIC WELFARE, Department	Advisory Committee on Geriatric Studies Various Branches
TRANSPORT, Department	Highway Safety Branch
TREASURY, Department	Pension Commission of Ontario
UNIVERSITY AFFAIRS, Department	

(3) Studies of other Documents

All told 77 different reports, professional journal reprints, and other publications have been distributed to the Committee. Several Members have also summarized certain of the Proceedings and Briefs presented to the Senate of Canada Special Committee on Aging which is under the Chairmanship of the Hon. Senator David A. Croll.

(4) Ethnic Groups

In order to find out the views of the various ethnic organizations on the need for separate housing for their aged members, a very elementary questionnaire was distributed. The response was encouraging and the matter will be discussed with representatives of these groups during the Public Hearings on "Housing".

We wish to remark on the unique ethnic Home for the Aged which is located in Beamsville. (Refer "Nipponia -- A Home for the Aged Japanese-Canadians", a short research note in Ontario Housing, Vol. IX (3), June, 1963.)

(5) Historical Project

The following account of this project appeared in the U.S. government magazine, AGING, November 1964:

† ONTARIO SENIORS ASKED TO "REMEMBER WHEN" †

†-- Older Ontario (Canada) citizens have been asked to put on record their memories of earlier days.

† In a recent speech before the (September 1964) Annual Convention of United Senior Citizens of Ontario, Inc., Alex Carruthers, M.P.P., and Chairman of the Select Committee of the Legislature on Aging, called for individuals as well as professional and other organizations to help in compiling a history of the province. (His) appeal that recollections of the past be recorded has as its objective a detailed history of the many communities within the province as well as of the province itself. The proposal was originally made by Miss Eunice Dyke, an 80-year-old resident of the Julia Greenshields Home in Toronto. "Memories of Trail Blazers" is the suggested title of the project.

†(The Chairman) cited several similar projects underway in the United States. One is the compilation of interviews with persons aged 100 or more which the Social Security Administration has published. He suggested that retired clergymen, teachers, and others might act as interviewers, collecting personal reminiscences of their own and others through interviews, tape recordings, or autobiographical letters.†

(6) Religious Organizations

Leaders of the various churches and religious organizations were invited to provide the Committee with statements on their activities on behalf of older members of their congregations. A number of denominations, of course, also sponsor charitable institutions and related services for the aged. The response has been very gratifying and we look forward to discussions with all church representatives at a later date.

The Chairman again personally extended this invitation from the Select Committee to persons attending a recent meeting of the Inter-Faith Committee of the Ontario Welfare Council's Section on Aging.

(7) Conference on University Education Related to Aging, and the Teaching of Professional Skills in the Field of Gerontology.

While direct leadership for this Conference was provided by the Department of Public Welfare, the Select Committee together with the Department of University Affairs, the Ontario Geriatrics Research Society and the Ontario Welfare Council, co-sponsored the meeting. Our Consultant served as Conference Co-ordinator.

Previously the Committee had requested about eighty University Professors and Heads of Departments to advise us of their views and of any faculty-student research or theses dealing with aging. We learned a great deal from this correspondence and several valuable references were provided.

On March 26th, 1965, close to 200 persons from many different University Departments and other professional organizations met in Osler Hall of the Academy of Medicine, Toronto (For Conference Speakers refer Appendix D).

This distinguished group met together for the following purpose. First, to consider requirements and opportunities in the field of higher education and aging. Secondly, to stimulate co-operative developments in basic research and training that would involve universities, professional organizations and government agencies in the Province of Ontario.

The Conference was, we believe, successful in several ways, and should result in more specific developments in the days ahead. The Committee wish to commend two members of the lay Board of Governors of the Ontario Geriatrics Research Society, Mr. Harold S. Shannon and Mr. W. Carl Cannon, who on the morning of the Conference, donated \$1,000 through the Society for the purchase of current books which had been displayed by the Canadian Book Publishers' Council. This collection will go to the J. W. Crane Memorial Library and ultimately form part of a contemplated central reference library in geriatrics and gerontology.

FUTURE ACTIVITIES

One has only to glance at the list of topics yet to be discussed to realize that there are several months of hard work ahead. It is our intention to continue Public Hearings and to make further inspection visits including one main tour of Northern Ontario. This latter will provide an opportunity for older residents of the Northland and other interested persons to meet with the Committee at that time.

We would urge everyone concerned with the field of aging to get in touch with the Committee as soon as possible.

CONCLUSIONS

We have been particularly impressed during our deliberations to date by the following ten items which will receive further study by the Committee, our Consultant and such other knowledgeable persons as may be requested to advise us of their views:

a) THE FACT THAT INTERDISCIPLINARY DEVELOPMENTS IN THE WHOLE FIELD OF GERONTOLOGY ARE REQUISITE. THIS WAS BROUGHT OUT MOST FORCEFULLY AT THE ONTARIO CONFERENCE ON UNIVERSITY EDUCATION RELATED TO AGING.

b) A PROPOSED ONTARIO "INSTITUTE OF GERONTOLOGY" WHICH WOULD HAVE AMONG ITS OBJECTIVES THE CO-ORDINATION AND SUPPORT OF ALL PROVINCIAL ACTIVITIES (BUT PRIMARILY RESEARCH AND TRAINING) IN THE FIELD OF AGING.

- c) THE POSSIBILITY OF A PILOT PROGRAM OF "GERIATRIC CONSULTANT CLINICS" TO SERVE AGED PERSONS IN THE COMMUNITY.
- d) THE NEED TO EXTEND VARIOUS SERVICES TO AGED PERSONS IN THEIR OWN HOMES.
- e) THE NECESSITY OF IMMEDIATE ACTION BY THE PROVINCE DETERMINING STANDARDS AND THEIR ENFORCEMENT IN PROPRIETARY NURSING HOMES -- SUCH STANDARDS TO ENSURE THE OPTIMUM CARE AND WELL-BEING OF AGED RESIDENTS.
- f) THE LACK OF SUFFICIENT COMMUNITY INFORMATION AND COUNSELING SERVICES FOR AGED MEN AND WOMEN.
- g) THE VALUE OF EXTENDING TRAINING COURSES FOR ADJUVANTS AND THEIR SERVICES, TO RESTORE COMMUNICATIONS IN THE ELDERLY, PARTICULARLY POST-STROKE VICTIMS.
- h) REQUIREMENTS FOR A MORE CONCISE AND WORKABLE SET OF DEFINITIONS OF TYPES OF CARE, PARTICULARLY AS THESE AFFECT THE AGED WHO ARE CHRONICALLY ILL.
- i) MORE WIDE-SPREAD PUBLIC EDUCATION REGARDING SAFETY AND THE VULNERABILITY OF ELDERLY PERSONS TO ACCIDENTS OF SEVERAL TYPES.

Significant contributions not referred to here were made by many persons who met with the Committee and these will be dealt with more fully at a later time. In all of our deliberations to date we have attempted to see beyond the confines of our first topic, "health", to the total life situation of the aging and aged, and we will maintain this attitude in all future Public Hearings on "housing" and other subjects.

This Interim Report is respectfully submitted to the House with the prayer that the Select Committee be re-appointed in order that we might accomplish our task.


ALEX CARRUTHERS, CHAIRMAN

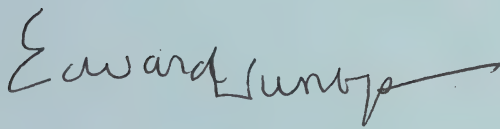

HORACE S. RACINE



GORDON R. CARTON


W. E. SANDERCOCK


NORM DAVISON


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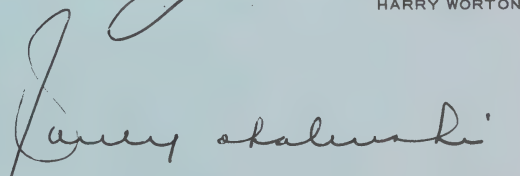

J. RALPH KNOX


ALBERT V. WALKER


A. B. R. LAWRENCE


HARRY WORTON


ADA M. PRITCHARD


PAUL J. YAKABUSKI

NOTES TO CONCLUSIONS

- a./ Around the traditional medical approach (basic medical research, clinical medicine and supporting services such as that rendered by the nursing and paramedical professions), there has grown an awareness of the value of many other disciplines -- sociology, psychology, social welfare, economics, administration and statistics, to mention a few. Relevant Briefs and other studies are:

BRIEFS

- i) Minister of Public Welfare's Advisory Committee on Geriatric Studies. Proceedings, December 16, 1964, pp. 303 - 335.
- ii) Ontario Geriatrics Research Society. Proceedings, December 14, 1964, pp. 12 - 34.
- iii) Ontario Medical Association -- Section on Geriatrics. Proceedings, January 12, 1965, pp. 784 - 842.

OTHERS

- iv) Royal Commission on Health Services (Ottawa): Vol. I 1964, pp. 79 - 80; Vol. II 1965, pp. 125 - 131, 123 - 150; MacFarlane et al, 1964, "Medical Education in Canada," pp. 267 - 273.
- v) "The Contribution of Nursing Personnel in an Inter-disciplinary Approach to the Care of the Aged ...", Miss M. O. Hubbert, M.Sc. Thesis in Nursing, Faculty of Graduate Studies, University of Western Ontario, London (Canada), April, 1964.
- vi) For details of the Ontario Conference on University Education Related to Aging, refer pages 13 - 14 above: also refer Appendix D.

b./ BRIEFS

- i) Minister of Public Welfare's Advisory Committee on Geriatric Studies. Proceedings, December 16, 1964, pp. 303 - 335. (This Brief envisages a combined Provincial agency for both geriatrics and gerontology.)
- ii) Ontario Geriatrics Research Society. Proceedings, December 14, 1964, pp. 12 - 34.

b./ OTHERS

- iii) Ontario Welfare Council -- Section on Aging. Brief to Senate of Canada, Special Committee on Aging. Senate Proceedings, No. 8, May 21, 1964, p. 450.
- iv) Dr. F. Burns Roth, School of Hygiene, University of Toronto. Proceedings, January 11, 1965. pp. 630 - 643. (Professor Roth explained that a similar proposal had been made in Saskatchewan in 1959. The findings of this Saskatchewan study were also summarized for the Committee by the Honourable Member for Hamilton East.)

c./ BRIEFS

- i) Minister of Public Welfare's Advisory Committee on Geriatric Studies. Proceedings, December 16, 1964. pp. 303 - 342.
- ii) Retired Men's Club, Bedford Park United Church. Proceedings, December 14, 1964. pp. 103 - 118.
- iii) United Church of Canada (part Brief dealing with health aspects only). Proceedings, December 15, 1964. pp. 154 - 192.

d./ BRIEFS

- i) Home Care Program of Metro Toronto, Dr. L. A. Pequegnat, Medical Director. Proceedings, January 13, 1965, pp. 894 - 906.
- ii) Victorian Order of Nurses (Ontario Division). Proceedings, January 11, 1965, pp. 664 - 696.
- iii) Provincial Council of Women of Ontario. Proceedings, January 12, 1965, pp. 837 - 842.

OTHER

- iv) The Committee also had an explanation of The Homemakers and Nurses Services Act. Proceedings, December 15, 1964, pp. 225 - 231.
Since this legislation was subsequently amended the Committee will undoubtedly obtain further reports.

- e./ The Committee was most impressed with the account of the survey being made by the Nursing Home Study Committee of the Ontario Welfare Council. Proceedings, January 6, 1965, pp. 458 - 461.

This Committee was also advised at the conclusion of the Public Hearings on January 6, 1965, that new Regulations respecting Nursing Home Care had been made under The General Welfare Assistance Act. Presumably these Regulations together with provisions of The Homes for Special Care Act, 1964, will serve to raise standards across the Province although the Committee is requesting further reports from all departments and organizations concerned with nursing homes.

- f./ The Committee discussed (i) the problems of older persons being defrauded, (ii) the fact that the aging and aged often lacked information about available services (Proceedings, July 15, 1964, pp. 102 - 107), and (iii) also heard a Brief from the Canadian Hearing Society which dealt in part with misrepresentations made in connection with the sale of hearing aid devices. (Proceedings, December 15, 1964, pp. 193 - 205.)

The Honourable Member for Hamilton Centre acquainted the Committee with the type of guide or information pamphlet issued by a local social planning council. The Honourable Member for Russell has suggested further reviews of certain legal aspects, based on the following:

OTHER

Guardianship and Protective Services for Older People, NCOA, New York, 1964.

g./ BRIEFS

- 1) Ontario Medical Association -- Section on Geriatrics. Proceedings, January 12, 1965, pp. 784 - 842.

OTHER

- 11) Miss A. de Brisay and Dr. C. K. Stuart, "Restoration of Communication in the Elderly", Journal of the American Geriatrics Society, Vol. XII (7), July 1964.

g./ iii) (The Committee also met with some of the adjuvants in Homes for the Aged during inspection tours and saw a communications class in progress at the Geriatric Centre, Toronto, when Dr. C. W. Harris, Dr. Frank Cantelon, Dr. Shirley Colthart, Miss Amy de Brisay, Dr. R. C. Laird, Dr. S. F. Liu, Dr H. Meindok, Dr. W. W. Priddle, Dr A. D. T. Purdy, Mrs H. S. Shannon, Dr. T. O. Smith, Dr. G. D. Taylor, and others were on hand. Proceedings, January 16, 1965, p. 345.)

h./ As for example, "Home for the Aged", "Nursing Home", "Chronic Hospital", "Special Home Care", "Sheltered Care", etc. This need for a common terminology was established most clearly by Dr. C. Keith Stuart, Senior Medical Specialist, Department of Public Welfare, in his appearance before the Committee. Proceedings, December 15, 1964, pp. 273 - 288. See also comments of Dr. R. S. Peat, Ontario Hospital Services Commission, Proceedings, January 7, 1965, pp. 532 - 545.

i./ BRIEF

Ontario Safety League. Proceedings, December 15, 1964, pp. 238 - 255.

(The League's Brief contained a very valuable bibliography of medical articles dealing with falls, etc.)

j./ BRIEFS

- i) This was most markedly demonstrated to the Committee by the presentation from the Quo Vadis School of Nursing, Proceedings, December 14, 1964, pp. 46 - 69.

OTHER

- ii) C. McLean, "A Second Chance". Continuous Learning -- Journal of the Canadian Association for Adult Education, Vol. 4(1), January-February 1965.

PLACES VISITED

(Dates on which various facilities visited appear in parenthesis)

Acute Geriatric Ward, Toronto Western Hospital (14/xii/64).
 Bobier Convalescent Home, Dutton. Municipally-owned (27/x/64).
 Bonnechere Manor, Renfrew County Home for the Aged,
 Renfrew (29/x/64).
 Bronson Home for Protestant Aged Women, Ottawa (1/x/64).
 "Carleton Lodge", Carleton County Home for the Aged,
 Manotick (1/x/64).
 Community Centres, Hamilton. Two providing programs for
 Senior Citizens (12/xi/64).
 Elgin Manor Home for the Aged, St. Thomas (27/x/64).
 Foster Homes, Welland. Three private placements under
 Sunset Haven's "special home care program" (13/xi/64).
 Geriatric Study Centre, Toronto (16/xii/64).
 Glengarry Court (Housing), Windsor (26/x/64).
 House of Providence Home for the Aged, London (28/x/64).
 Huron Lodge Home for the Aged, Windsor (26/x/64).
 Information and Service Bureau, City Department of Health,
 Ottawa. Four foster boarding homes (30/ix/64).
 Island Lodge Home for the Aged, Ottawa (30/ix/64).
 Jewish Home for the Aged and Baycrest Hospital, Toronto
 (13/i/65).
 Lanark County Home for the Aged, Perth (29/ix/64).
 Leeds and Grenville County Home for the Aged, Athens
 (29/ix/64).
 Lodging House, Windsor (26/x/64).
 London Rescue Mission (28/x/64).
 Lowren Housing, Ottawa (30/ix/64).
 Macassa Lodge Home for the Aged, Hamilton (12/xi/64).
 MacDonald Manor (Housing), Ottawa (30/ix/64).
 McCormick Home for the Aged, London (28/x/64).
 "Nipponia", Home for the Aged, Beamsville (13/xi/64).
 Ontario Mental Hospital, Hamilton (12/xi/64).
 Ontario Mental Hospital, London (28/x/64).
 Ontario Mental Hospital, St. Thomas (27/x/64).
 Oxford County Home for the Aged, Woodstock (29/x/64).
 Parkwood Chronic Hospital, London (28/x/64).
 Port Colborne Senior Citizens Club and Day Centre (13/xi/64).
 Protestant Home for Aged (Men), Ottawa (1/x/64).
 Proprietary Nursing Home, Thamesville (27/x/64).
 Proprietary Nursing Home, Wallaceburg (27/x/64).
 Proprietary Nursing Home, Windsor (26/x/64).
 Providence Villa Home for the Aged, Toronto (7/i/65).
 Queen Mary Court (Housing), Ottawa (30/ix/64).

Riverview Chronic Hospital, Windsor (28/x/64).
St. Patrick's Home for the Aged, Ottawa (1/x/64).
Senior Citizens Apartments (Ada Pritchard Court),
Hamilton (12/xi/64).
Senior Citizens Family and Single Units (Housing), Windsor:
Two locations on Bridge and Campbell Avenues (26/x/64).
Senior Citizens Recreation Centre, London (28/x/64).

Senior Citizens Social and Recreational Centre, Windsor
(26/x/64).
Sunset Haven Home for the Aged, Welland (13/xi/64).
Villa Maria Home for the Aged, London (28/x/64).
Wesley Centre, Hamilton. Senior Citizens "drop in" club
in United Church (12/xi/64).

The Chairman and Consultant also visited the following places and discussed the following programs, August 17-19, 1964, and reported to the Committee on their findings (Proceedings, August 25, 1964, pp. 178 - 199):

Bureau of Special Services, City Department of Welfare,
New York.
Community Services Program -- nursing homes, New York.
Division of Auxiliary Services -- foster homes, New York.
Division of Day Centres for Older Persons, New York.
Jewish Home and Hospital for the Aged, New York.
National Council on the Aging, Headquarters, New York City.
New York State Joint Legislative Committee on Problems of
the Aging.

New Jersey State Division on Aging, Trenton.
Queensbridge Health Maintenance Service for the Elderly,
New York.
Regional Unit (N.Y., N.J., Penn., Dela.), Office of Aging,
U.S. Department of Health, Education, and Welfare.
Services to the Aging, State Department of Mental Hygiene,
New York.
State Office for the Aging, New York.

BRIEFS PRESENTED

(This list only includes Briefs actually heard to date -- a number of Briefs have been received which will be discussed later. Several witnesses appeared without presenting Briefs. Proc. = Official Proceedings of the Committee.)

- Advisory Committee on Geriatric Studies, Department of Public Welfare. (Proc. 16/xii/64, page 303 ff.)
 Associated Nursing Homes Incorporated, Ontario. (Proc. 6/i/65, page 468 ff.)
 Canadian Hearing Society. (Proc. 15/xii/64, page 193 ff.)
 Canadian National Institute for the Blind. (Proc. 12/i/65, page 753 ff.)
 Dr. B. Dale, M.O.H., Wellington County. (Proc. 14/xii/64, page 75 ff.)
 Dr. D. K. Grant, Medical Services, Ontario Hydro-Electric Power Commission. (Proc. 5/i/65, page 346 ff.)
 Health League of Canada, Gerontology Committee. (Proc. 15/xii/64, page 261 ff.)
 Home Care Program of Metropolitan Toronto. (Proc. 13/i/65, page 895 ff.)
 Hospital Services Commission of Ontario. (Proc. 7/i/65, page 528 ff.)
 Jewish Home for the Aged and Baycrest Hospital. (Proc. 13/i/65, page 921 ff.)
 Miss D. Moore, Nursing Supervisor, Department of Public Welfare. (Proc. 15/xii/64, page 225 ff.)
 Ontario Geriatrics Research Society. (Proc. 14/xii/64, page 12 ff.)
 Ontario Medical Association, Section on Geriatrics. (Proc. 12/i/65, page 784 ff.)
 Ontario Osteopathic Association. (Proc. 12/i/65, page 819 ff.)
 Ontario Podiatry Association. (Proc. 5/i/65, page 434 ff.)
 Ontario Public Health Association
 (Supporting Brief from School of Hygiene, U. of T.)
 Ontario Safety League. (Proc. 15/xii/64, page 238 ff.)
 Ontario Welfare Council Nursing Home Study Committee. (Proc. 6/i/65, page 458 ff.)
 Optometrical Association of Ontario. (Proc. 11/i/65, page 715 ff.)
 Providence Villa and Hospital. (Proc. 7/i/65, page 582 ff.)
 Provincial Council of Women of Ontario. (Proc. 12/i/65, page 837 ff.)

- Quo Vadis School of Nursing. (Proc. 14/xii/64, page 46 ff.)
Registered Nurses Association of Ontario, Middlesex Chapter.
(Proc. 12/i/65, page 861 ff.)
Retired Men's Club, Bedford Park United Church.
(Proc. 14/xii/64, page 104 ff.)
Rev. R. Rumball, Evangelical Church of the Deaf.
(Proc. 5/i/65, page 400 ff.)
School of Hygiene, University of Toronto. (Proc. 11/i/65,
page 607 ff.)
- Mrs. Myra Smithies, Nutritionist, Department of Public
Welfare. (Proc. 14/xii/64, page 119 ff.)
V. S. Stevens, Ph.D. (Proc. 5/i/65, page 417 ff.)
Dr. C. K. Stuart, Department of Public Welfare.
(Proc. 15/xii/64, page 273 ff.)
United Church of Canada (Part Brief on "health")
(Proc. 15/xii/64, page 154 ff.)
Victorian Order of Nurses, Ontario Division.
(Proc. 11/i/65, page 664 ff.)
Women's Sheltered Workshop. (Proc. 5/i/65, page 384 ff.)

CONFERENCE SPEAKERS

(Refer pages 13-14 above)

Chairman of the March 26, 1965, Conference Advisory Committee and of the Conference itself was Dr. Robert C. Laird, Professor of Surgery, University of Toronto.

Principal speaker at the Conference Dinner was Dr. G. E. Hall, President and Vice-Chancellor, University of Western Ontario, London (Canada).

Others on the program were:

Professor B. R. Blishen, Sociology, Trent University;
Rev. Father Swithun Bowers, School of Social Work;
St. Patrick's College, Ottawa;
Dr. James E. Birren, Aging Program, U. S. National
Institute of Child Health and Human Development,
Bethesda, Maryland;
Mr. Alex Carruthers, M.P.P.;
Hon. L. P. Cecile, Minister of Public Welfare,
Province of Ontario;
Professor W. H. Coons, Psychology, York University;
Mr. Lawrence Crawford;
Hon. W. G. Davis, Minister of University Affairs,
Province of Ontario;

Dr. W. F. Forbes, Chemistry, Waterloo University;
Dr. Reva Gerstein, Ontario Welfare Council;
Dr. Leo Gitman, Past President, Gerontological
Society, Brooklyn, New York;
Dr. C. W. Harris, Geriatric Centre, Toronto;
Professor Charles E. Hendry, School of Social Work,
University of Toronto;
Dr. Mary Laurence, Psychology, University of Toronto;
Dr. R. Ian MacDonald, Faculty of Medicine, University
of Toronto;
Dr. J. A. Milliken, Faculty of Medicine, Queen's
University, Kingston;

Professor Bernice L. Neugarten, Committee on
Human Development, University of Chicago;
Dr. W. W. Priddle, Vice President, American Geriatrics
Society; Advisory Committee on Geriatric Studies,
Ontario;
Mr. Foster Vernon, University Extension, McMaster
University, Hamilton;
Dr. K. J. R. Wightman, Professor of Medicine,
University of Toronto.

PUBLICATIONS AVAILABLE

The announcement reprinted on the cover of this Interim Report appeared in 47 newspapers throughout the Province in mid-July, 1964.

OTHERS

i) "Growth of the Older Population of Ontario".
Background Paper No. 2, Part A. 16 pp. July, 1964;

ii) "Key Terms -- Definitions". 3 pp. June, 1964;

iii) "Population Growth in Ontario". Background
Paper No. 1. 6 pp. June, 1964;

iv) "Terms of Reference and List of Topics to be
Discussed". 2 pp. July, 1964;

v) "University Education Related to Aging". Report
of the March 26th Conference (to be published in 1965).

Inquiries may be addressed to Room 3527, Parliament Buildings, Toronto, Ontario,
Canada.

SELECTED STATISTICS

(Refer also Appendix E for more detailed papers available)

TABLE 1: AGE & SEX STRUCTURE OF ONTARIO POPULATION, 1901, 1931 and 1961.

AGE - SEX	1901		1931		1961	
	NUMBER*	%	NUMBER*	%	NUMBER	%
BOTH SEXES						
Under 15	685.2	31.4	959.0	28.0	2,007.7	32.2
15 - 29	624.4	28.6	875.0	25.5	1,246.5	20.0
30 - 44	425.9	19.5	727.6	21.2	1,326.4	21.3
45 - 64	326.9	15.0	636.0	18.5	1,147.4	18.4
65 & Over	120.6	5.5	234.7	6.8	508.1	8.1

TOTAL	2,183.0	100.0	3,431.7	100.0	6,236.1	100.0
MALE						
Under 15	347.5	31.7	486.6	27.8	1,028.5	32.8
15 - 29	306.8	27.9	447.0	25.6	627.0	20.0
30 - 44	212.9	19.5	372.6	21.3	666.6	21.3
45 - 64	166.6	15.2	327.7	18.7	580.6	18.5
65 & Over	62.8	5.7	114.9	6.6	231.8	7.4

TOTAL	1,096.6	100.0	1,748.8	100.0	3,134.5	100.0
FEMALE						
Under 15	337.7	31.1	472.4	28.1	979.3	31.6
15 - 29	317.6	29.2	428.0	25.4	619.5	20.0
30 - 44	213.0	19.6	355.0	21.1	659.7	21.2
45 - 64	160.2	14.8	308.2	18.3	566.8	18.3
65 & Over	57.8	5.3	119.2	7.1	276.3	8.9

TOTAL	1,086.3	100.0	1,682.8	100.0	3,101.6	100.0

* In Thousands						

TABLE 2: CHANGES IN FIVE-YEAR AGE GROUPS AND THEIR PROPORTIONATE DISTRIBUTION, ONTARIO POPULATION, 1901-1961

AGE GROUPS (YEARS)	NUMBER*		PERCENTAGE DISTRIBUTION = 'D'		
	1901	1961	1901	1961	% CHANGE IN 'D' 1901-1961
Under 5	224.8	740.2	10.3	11.9	+ 15.5
5 - 9	230.6	674.5	10.6	10.8	+ 1.9
10 - 14	229.9	593.0	10.5	9.5	- 1.0
15 - 19	229.8	436.9	10.5	7.0	- 33.3
20 - 24	216.0	387.0	9.9	6.2	- 37.4
25 - 29	178.6	422.7	8.2	6.8	- 17.1
30 - 34	154.9	459.8	7.1	7.4	+ 4.2
35 - 39	144.0	469.3	6.6	7.5	+ 13.6
40 - 44	127.1	397.3	5.8	6.4	+ 10.3
45 - 49	104.4	360.8	4.8	5.8	+ 20.8
50 - 54	89.1	309.8	4.1	5.0	+ 22.0
55 - 59	70.6	258.3	3.2	4.1	+ 28.1
60 - 64	62.7	218.5	2.9	3.5	+ 20.7
65 - 69	47.3	180.1	2.2	2.8	+ 27.3
70 - 74	34.7	146.3	1.5	2.3	+ 53.3
75 - 79	21.3	97.7	1.0	1.6	+ 60.0
80 - 84	11.6	53.5	.5	.9	+ 80.0
85 & Over	5.7	30.5	.3	.5	+ 66.6

TOTAL	2,183.1	6,236.2	100.0	100.0	- -

Under 20	915.1	2,444.6	41.9	39.2	- 6.4
20 - 44	820.6	2,136.1	37.6	34.3	- 8.8
45 - 64	326.8	1,147.4	15.0	18.4	+ 22.7

60 & Over	183.3	726.6	8.4	11.6	+ 38.1
65 & Over	120.6	508.1	5.5	8.1	+ 49.1
70 & Over	73.3	328.0	3.3	5.3	+ 60.6

* In Thousands					

TABLE 3: CHANGES IN AGE GROUPS, ONTARIO POPULATION, 1951-1961

AGE GROUP	NUMBER*		INCREASE	
	1951	1961	NUMERICAL*	%
Under 20	1,555.0	2,444.6	889.6	57.2
20 - 44	1,733.8	2,136.0	402.2	23.2
45 - 64	908.4	1,147.4	239.0	26.3
65 & Over	400.3	508.1	107.8	26.9

TOTAL	4,597.5	6,236.1	1,638.6	35.6

60 & Over	582.9	726.6	143.7	24.7
70 & Over	245.3	328.0	82.7	33.7

* In Thousands

TABLE 4: ONTARIO---NUMBER & PERCENTAGE OF PERSONS OVER SPECIFIED AGES, BY SEX, WITH COMPARISONS FOR CANADA, 1961

AGE GROUPS	Ontario							Canada	
								Ontario	Canada
	TOTAL			MALES		FEMALES		as	
	#	%	%	%	%	%	%	% of	%
0 & Over	6,236,092	100.0	(100.0)	100.0	(50.3)	100.0	(49.7)	34.2	100.0
55 & Over	984,911	15.8	(")	15.0	(47.8)	16.6	(52.2)	36.7	14.7
60 & Over	726,584	11.7	(")	10.8	(46.7)	12.5	(53.3)	36.8	10.8

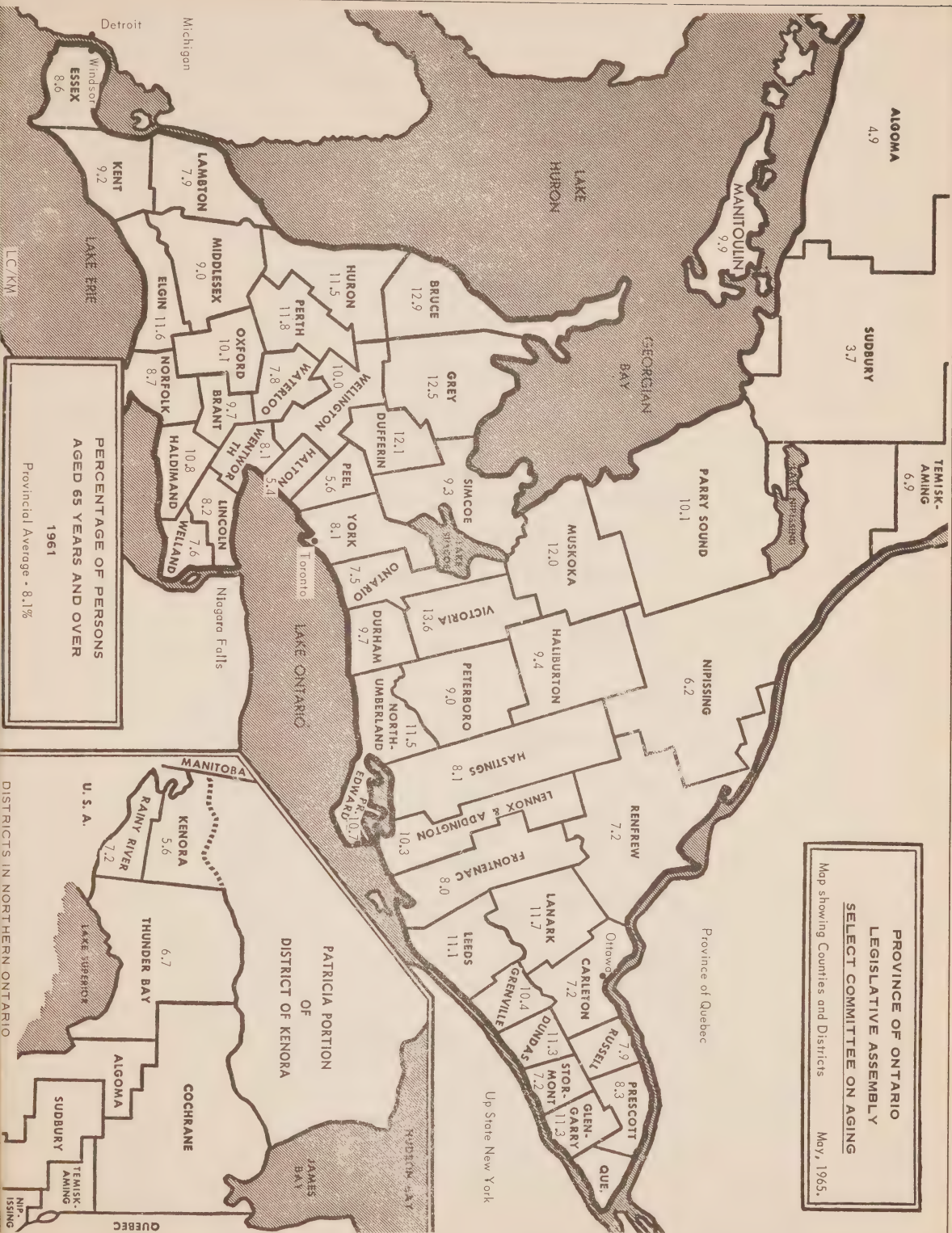
65 & Over	508,073	8.1	(")	7.4	(45.6)	8.9	(54.4)	36.5	7.6

70 & Over	328,010	5.3	(")	4.7	(44.5)	5.9	(55.5)	36.3	5.0
80 & Over	83,954	1.4	(")	1.1	(41.5)	1.6	(58.5)	36.9	1.3
90 & Over	7,870	.1	(")	.1	(36.7)	.2	(63.3)	39.3	.1

PROVINCE OF ONTARIO
LEGISLATIVE ASSEMBLY
SELECT COMMITTEE ON AGING

Map showing Counties and Districts

May, 1965.



A VERSE

THE OLD ONE

Pressed like a drowner to a floating
 plank
He fastens on the young, impetuous
 ones
And huddles close to share their
 warming suns
Skirting the circle where a brother
 sank.
With tautened lips the restless
 children smile
While they include him with a
 grudging grace,
Ignoring desperation in his face,
Hoping it's only for a little
 while.

Surely I'll never be the lingering
 guest
Hating to go although my hostess
 yawn
And fidget, wishing I would soon
 be gone.
Not I!--But if--but if I am
 oppressed
By nearing shadows, will you take
 my hand
Warmly, and wait, and try to
 understand?

M. E. DREW

Sudbury, Ont.

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